Dyslexia 2020

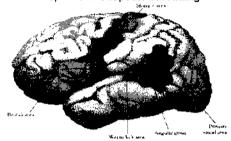
Brian Stone, PhD, Licensed Psychologist

NIH 2002 Dyslexia: difficult word recognition due to sound-phonological-language deficit
Smart child w/ trouble reading! (Kilpatrick, 2015)

Dyslexia = DSM-5 315.00 SLD w/ impairment in reading ICD-10 R48.0 = "language learning disorder = reading disorder = SLD in reading"

Pattern examined by measuring:

- 1) Language-Vocabulary
- 2) 2D/Quantitative Patterns
- 3) 3D/Visual-Spatial-hands-on
- 4) Automatic "processing"
- 5) Different aspects of reading



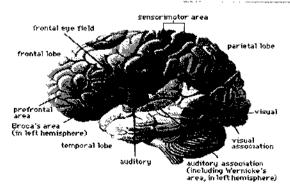
Dyslexia

Strengths

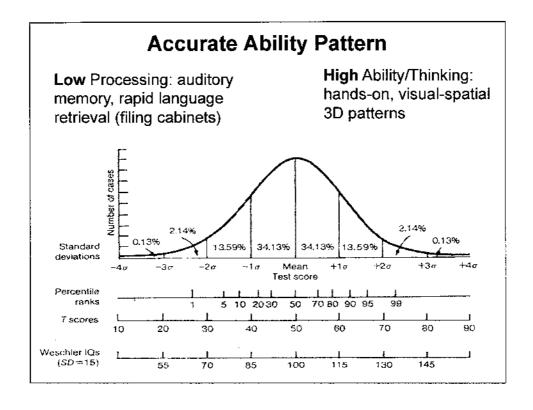
hands-on, visual-spatial, 3D, visual memory, patterns Karolyi, 2012, Schneps, 2011

Weaknesses

Auditory memory, Sound-language bla-bla-rote memory Retrieval Speed from brain filing cabinets interferes with phonological & phonics! Boets et al., 2014, Gabrieli, 2012, Richards et al., 2015

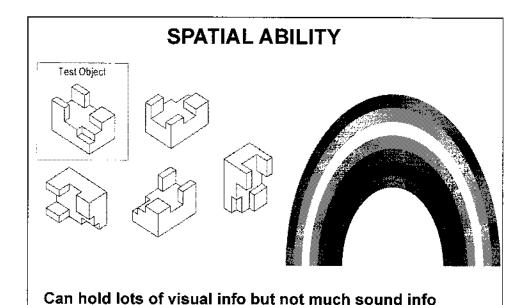


<u>life-long</u> inherited preset brain pattern, but reading & writing can improve! Testing predicts accurately even 80 years into the future!



THIS 1 CRAZY TRICK IDENTIFIES DYSLEXIA WITHOUT TESTS

- 1. Smart, but doesn't like to read
- 2. Rather listen to you read better comprehension that way
- Why would you read when you can PLAY?!?
- 4. Favorite class: PE, Art, recess, lunch!
- 5. Math/science > reading/language arts
- 6. Leaves out short words gets longer words right
- 7. Gets the hard stuff, makes processing glitches on basics
- 8. Creates end-runs/efficient nonverbal algorithms
- 9. Soundisms: "Pico de Mayo" "coconut" (walnut) river, inVENTory
- 10. Has to reread to get meaning
- 11. Takes longer & longer (or tries to rush through)
- Learns word next day as if he never saw it before
- 13. Can that blond haired boy come over & play again?
- 14. Is this kid trying to make me mad or is this real?
- Holds pencil funny, but you can't make him change
- 16. Reads breathes as breaths, could as cloud
- Can't hold verbal directions, but holds a ton of visual info
- 18. Better on assignments than on tests
- 19. Needs more time on tests
- Remembers words to songs, but not address/phone #



Direct, explicit, multisensory teaching: phonemes (sounds), phonics/language rules, applied to connected text, taught by well-trained teacher, 1:1/small grp, young age (Kilpatrick, 2015, Nicolson & Fawcett, 2008, Shaywitz, 2005, Stone, 2009, Torgeson, 2008)

NOT gimmicks like juggling, colored lenses, fish oil, CogMed, Bal-A-Vis-X, "brain balance," computer training, worksheets, word searches...



"Processing" NOT high-level ability

Auditory Memory say these #'s, words, etc.

Phonological rhyme, say cat without /k/, say cat but change /k/ to /b/ (sometimes timed)

Rapid Naming name these as fast as you can

Measure different parts of READING:

nonsense words (main phonics)

real words (some low frequency rules)

fluency timed, timed vs. untimed phonics, comprehension, oral accuracy 1st time through

Good instruction brings up

- 1) Phonological
- 2) Main phonics rules
- 3) Lower frequency rules
- 4) Comprehension, Fluency, Writing Pokorni et al., 2004, Stone, 2006 & 2009, Torgeson, 2003

Research-based effective reading-writing programs FCRR.org interdys.org nrrf.org
Dehaene, 2009, Meyler et al, 2008, Shaywitz, Lyon & Shaywitz, 2006

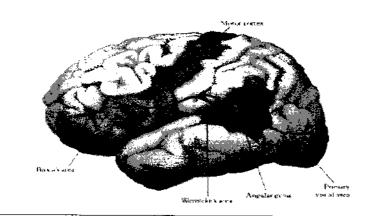
Diagnosis: Accommodations, Education, selfunderstanding, research awareness, technology

Law: Section 504, ADA, IDEA wrightslaw.com

Dyslexic brains overuse right frontal/less myelination left temporal: dyslexic brains literally work *harder* to read.

(Plomin & Asbury, 2014, Dehaene, 2009, Plomin, 2018, Meyler, Marcel Just et al., 2008, Richards et al., 2015)

The better at something we are, the less of our brain we use!





DYSLEXIA MYTHS^a

M

See backwards? No.

Reversals: Dehaene developmental/face recognition d/b/p/q
Reversals an artifact of dyslexia, can happen to all till age 7 +

Is it because the eyes don't focus or work together?

Nope, all eyes jump around & focus a few letters apart

You can even read with 1 eye! Difficult reading isolated words – so "tracking" does not apply! "Convergence insufficiency" pfffft!

American Academy of Pediatrics 2011 policy against vision therapy for learning disorders: http://pediatrics.aappublications.org/content/127/3/e818

Outgrow it? (repeat/delay KG?)

NO – It's <u>life-long pattern!</u>

Reading & writing can come up more w/ early good help.

Wait to test till 4th grade? Don't need to wait till they fail!

More boys? Not at moderate levels, BUT Males more extreme on almost all characteristics (!) so more males at profound end ©





Dyslexia in all countries?

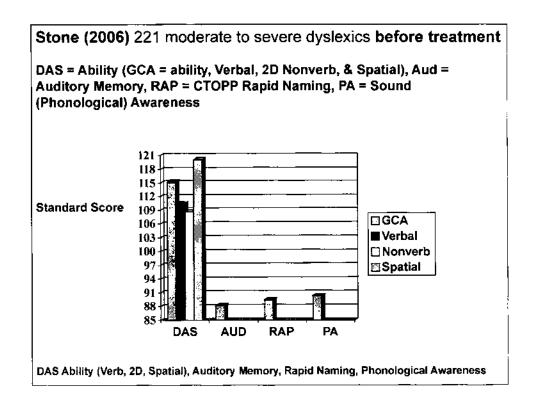
Yes, but doesn't get in the way as much in transparent main-rule-only languages like Italian, Finnish, or Turkish

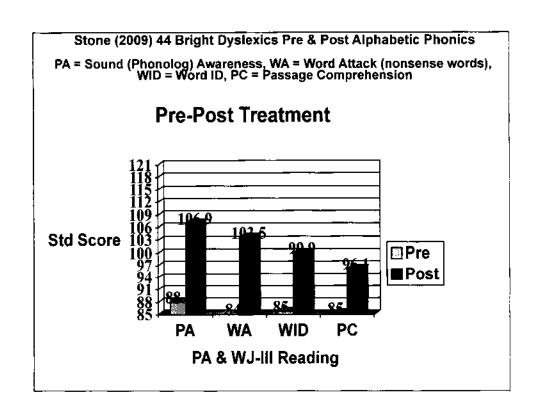
Right side & left side of brain not communicating?

NOPE!! blood goes to both sides of our brain®

7 or 8 subtypes?

NOPE!! Just a few processing areas: Auditory/phonological &/or rapid naming-fluency &/or orthographic (2D symbol)





• Students who qualify for special education as SLD in reading ARE dyslexic. Dyslexia = SLD in Reading = Language Learning Disorder = Reading Disorder. Dyslexic Students who don't qualify for an IEP can receive Section 504 Accommodations! The reason SLD in Reading should also be called dyslexia-dysgraphia is because much relevant research calls it that!

- US Dept. of Education's 10/23/2015 Dear Colleague letter establishes dyslexia as a valid concern for all schools & encourages educators to learn more about dyslexia because they'll always have dyslexic students (at least 10% of their students).
- https://www2.ed.gov/policy/speced/guid/idea/ memosdcltrs/guidance-on-dyslexia-10-2015.pdf
- Dyslexia is difficulty reading words fluently & accurately it typically involves difficulty with auditory-sound &/or rapid processing-retrieval of specific sounds, symbols, & words. Many US schools teach phonological skills so well that those are wired in, but processing deficits remain.